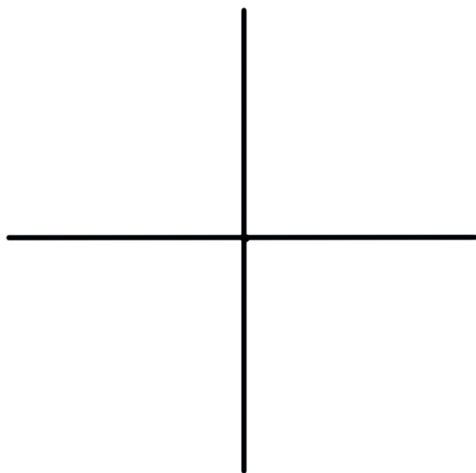




Mandala Grid Setup Guide

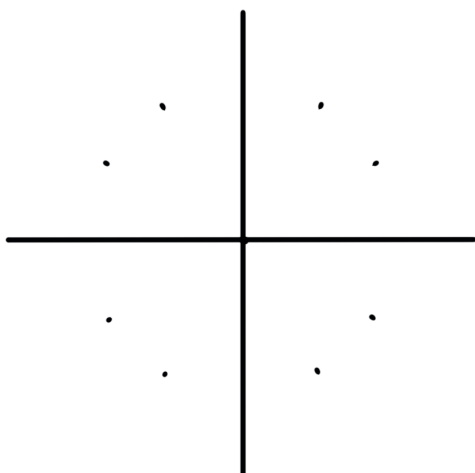
There are many ways to draw a mandala grid. This is a simple step-by-step guide to help you achieve symmetry and balance with your creations. You will need a pencil, eraser, ruler, protractor and a compass. Remember to have fun with this creative and meditative process.

Note: For each of the following steps draw lightly so that you can erase any unwanted lines later.



Step 1: Mark a line down the centre of your page/canvas vertically.

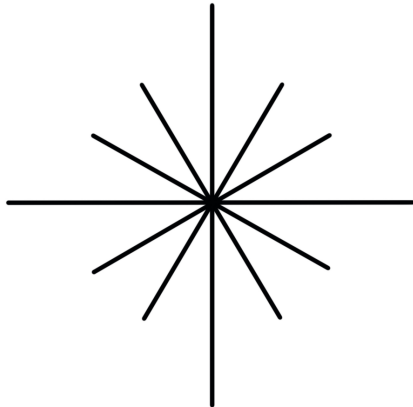
Make a mark halfway down the vertical line. Draw an intersecting line horizontally at 90° so you achieve a cross.



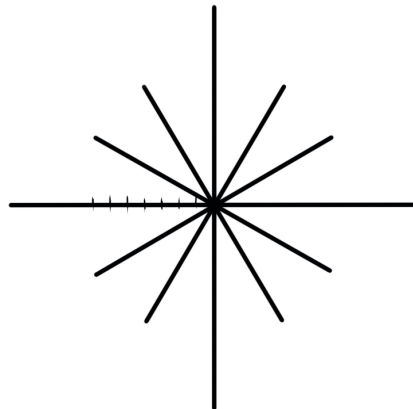
Step 2: Line up the centre of your protractor at the centre of the cross.

Mark the page/canvas at 30° intervals (i.e. 30°, 60°, 90° etc.) until it looks like the diagram on the left.

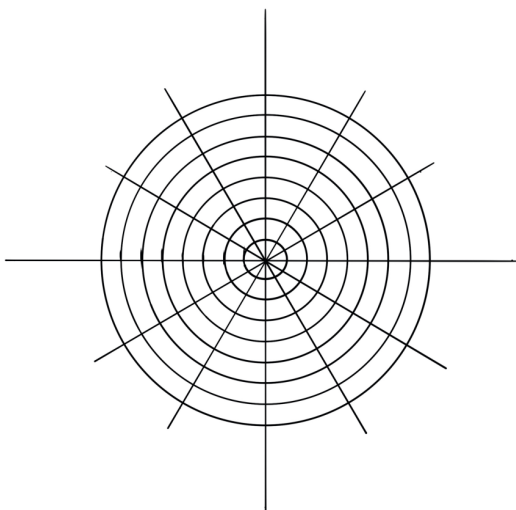
Note: for a more detailed mandala use a smaller intervals e.g. 20°



Step 3: Use your ruler to join up opposing marks, making sure each line intersects with the centre of your cross.



Step 4: Put your ruler along the horizontal line. Make small marks along one side of the line at even intervals.



Step 5: Put the point of your compass in the centre of the cross. Line the pencil point up with the first mark and lightly draw a circle.

Expand the compass to meet the next mark and continue to draw circles until you form a spider web like grid.

Step 6: You are now ready to unleash your creativity. Remember, symmetry and repetition is key. Draw inspiration from anything that interests you such as plants, animals, symbols, colours, music... and most importantly have fun!